

# Health at Dulwich Newsletter

## September / October 2018



### HEALTH AT DULWICH RENOVATIONS & EXTENSIONS

Spring is upon us and we are very excited that the extensions to our practice have commenced. The extensions will take approximately 6 months to complete and will provide us with a new treatment room and an administration office along with new toilet and storage facilities.

While it is business as usual at Health at Dulwich, we do apologise for the lack of access to the rear car park. The rear carpark will be closed for the duration of the building extensions for your safety while building equipment is being used.

On completion of the building extensions, patients will be able to gain direct access from the rear carpark into the practice via a new rear entrance providing extra safety and convenience.

### NURSE LED CLINICS

As part of our commitment to providing you with the best possible care and services, we have recently been trialling the introduction of Nurse Led Clinics at the practice. Due to the success of these clinics, we will be commencing Nurse Led Clinics one Saturday morning a month with Karen Bellchambers (RN) who will be available to provide childhood immunisations, chronic disease management, health assessments and wound care. Your doctor may refer you to the nursing service or please feel free to make enquiries with our reception staff.

## **REMINDER – IT'S NOT TOO LATE TO HAVE YOUR FLU VACCINATION**

Haven't had your flu vaccination yet? Please speak to one of our friendly reception staff who will be happy to book an appointment for you. And don't forget that children aged from 6 months to 5 years are able to receive free flu vaccinations.

## **CHILDHOOD IMMUNISATIONS ARE IMPORTANT**

The new childhood immunisation schedule now includes 'Nimenrix' to protect your child from Meningococcal disease for children at 12 months of age. Having your children vaccinated against a range of infectious diseases helps to increase the population's immunity and is especially beneficial for children attending Child Care, Kindergarten and School.

Our reception staff will be happy to book an appointment for you to see a doctor or nurse to have your baby or child immunised.

## **MY HEALTH RECORD**

We have been fielding a number of queries regarding the Australian Government's initiative for all Australians to have an electronic health record. The aim of an electronic health record is to help ensure that your medical information is accessible in any hospital or medical service that you may utilise anywhere in Australia, especially in times of emergencies. The Australian Government has an online information web page '[MyHealthRecord.gov.au](http://MyHealthRecord.gov.au)' that will answer any queries including information on how to 'Opt Out' if you do not wish to participate in this initiative. Information brochures are also available in the waiting room for you to read.

**The Team at Health at Dulwich**

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